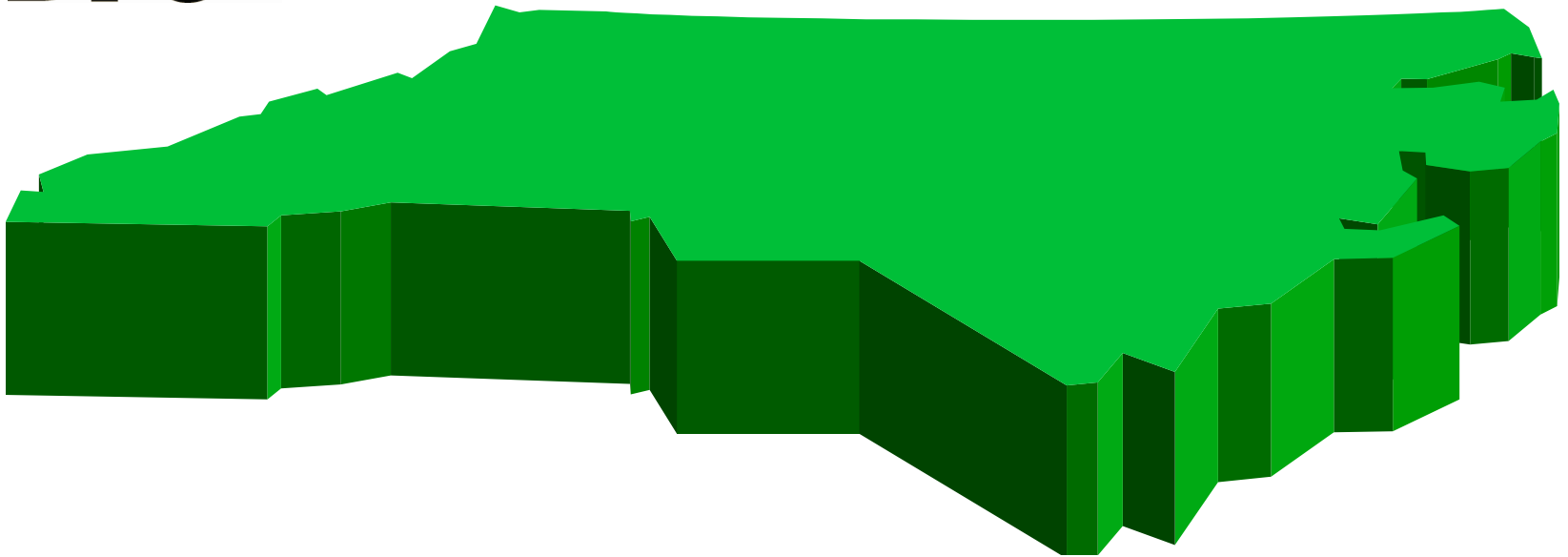




MENTAL HEALTH SERVICES



**North Carolina Department of Public Safety
Prisons**



December 11, 2014

**Terri Catlett, Deputy Director - Health Services
Kenneth Lassiter, Deputy Director - Operations**



Mental Health Services



**North Carolina Department of Public Safety
Prisons**

December 01, 2014

- **Current Total Offender Prison Population**
37, 773
- **Receiving Mental Health Services**
4,645

12% of the total population receiving mental health services



Mental Health Services

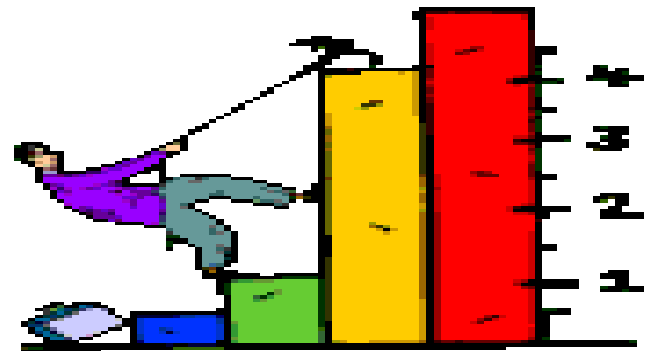
Mental Health Services 2007

- Average daily prison population census

38,241

- Average daily census of offenders receiving mental health services

3,752



9.8% of the total population receiving mental health services



Mental Health Services

4,645 receiving Mental Health Services

- M2 Outpatient Mental Health Services, receiving services from a psychologist or a Licensed Clinical Social Worker **985**
- M3 Outpatient Mental Health Services, receiving services from a psychologist and/or licensed clinical social worker and a psychiatrist **3,272**
- M4 Residential Mental Health Services **228**
- M5 Inpatient Mental Health **160**

M3-M5 Receiving Medications





Mental Health Services

Diagnoses includes but are not limited to:

- **Thought Disorders**

- Schizophrenia
 - Brief Reactive Psychosis
 - Delusional Disorder

- **Mood Disorders**

- Mild to Major Depression
 - Bi-Polar Disorder

- **Anxiety Disorders**

- PTSD
 - Obsessive Compulsive Disorder
 - Mild-Severe Anxiety

- **Cognitive Disorders**

- Organic Brain Syndrome
 - Mental Retardation and Developmental Disabilities

Mental Health Services

- Triage/Screening & Emergency Services
- Outpatient Treatment
- Residential Treatment
- Inpatient Services
- Special Programs



Mental Health Services



Inpatient Services

Central Prison 144 beds operational, capacity 216,
72 beds remain not in use due to budget cuts.

North Carolina Correctional Center for Women 24 Bed capacity.



Mental Health Services

Major Challenges

- Substantial number of offenders also have a Personality Disorder such as Borderline Personality or Antisocial Personality that affect their willingness to comply with treatment strategies
- Substantial number of offenders in control status
- Security threat group population
- More violent and aggressive inmate population
- The prison setting is not the most conducive to treatment
- Staffing
- General lack of understanding of mental illness by all disciplines
- Inability to effectively share information between NCDPS-AC and county jails
- Long term segregation population

North Carolina Department of Public Safety Prisons

Major performance improvement initiatives

A multi-disciplinary, multi agency task force has been established to provide recommendations for implementation of a new policy for the restrictive housing of mental health offenders statewide.





North Carolina Department of Public Safety Prisons

Major performance improvement initiatives

- Crisis Intervention Team Training (CIT)
- Facility mission review-repurposing
- Maury Correctional Institution mission change
- Therapeutic Control Unit in closed custody facilities
- HERO
- Treatment Mall
- Staffing – recruitment, retention & increase internships positions
- Mental Health Screening Inventory
- Policy review

North Carolina Department of Public Safety

Prisons

VISION

- Segregation to be referred to as **Restrictive Housing**
- **Behavioral Intervention Plans**
- Structured out of cell programming
- Focus on reducing restrictive housing for mentally ill offenders





North Carolina Department of Public Safety Prisons

